

# Download Me And Him A Guide To Recovery

In this section we will collect together a range of articles and resources relating to coping with, living with and recovering from distressing voices. The marriage counselor's office was the only place I allowed myself to dwell on the affair. She (the counselor) made my husband come completely clean and she made me respond and express my feelings and it was hurtful. My partner is such a good person that I constantly fear that he is going to realize that he is too good for me, and I often feel bad for him for having to deal with my constant feeling of insecurity and inadequacy even though he tries to do this. Maggie Grillot needs your help today! Ian's Road to Recovery - February 22nd, Wednesday night- Ian found himself in the wrong place trying to be a helping hand. Ian stood up for two people being mistreated by a man who was in the wrong. Said man left and later returned to Austins Bar and Grill to open fire. Ian thought all rounds were done and tried to go af...